

OSHO INTERNATIONAL MEDITATION RESORT IMPRESSIONS



OIMR Interview

I was born and brought up in Mexico. Back home, in Mexico City, I work as an artist, translator, and a body worker, and I came to [OSHO International Meditation Resort](#) for the first time seven years ago.

I still remember that day when I was sitting at the Welcome Center early in the morning waiting to be registered, feeling overwhelmed by the incredible beauty of this place, speechless at the greenery of the trees being showered by the first sun rays of the day. It was like entering a land of dreams.

Although the [World of Osho](#) was open to me since I was very young, through my mother who started doing [OSHO Active Meditations](#) when I was thirteen years old, I could never be mentally prepared for what was waiting here for me. Before coming here I felt I was a total misfit in society: I did not have any friends, I couldn't connect with anyone. I was studying in the high school and was building my life like any other Mexican guy but for some reason I had the feeling that there was much more to life than just being successful, getting married, being respected in society. I saw myself as very intelligent so there were lots of expectations from me to be successful. From being a Catholic, my mom became an ardent OSHO meditator – this was a game-changer in my life. I started doing OSHO meditations because my mom was doing them. We regularly visited the OSHO Meditation Center in Mexico City.

The first time I did [OSHO Dynamic Meditation](#) I felt it was absurd, but strangely enough I wanted more of it. I couldn't understand this feeling – to my rational mind it looked ridiculous but it created so much space inside like I never had felt before.

For many years I heard a lot of people talking about OSHO International Meditation Resort as a “must visit,” and somehow I knew that I had to be here at least once in my life, but it wasn't until I actually came here that I could really understand why everybody made such a fuss about this place. This is an energy field like no other place in the world. Everything is celebration all around you! People are dancing, laughing, feels like a true paradise. There is so much silence, so much joy around you.

And the magic of the Meditation Resort is that you can enjoy whatever you want, whether it is meeting amazing people from different parts of the world and experiencing true connections with real human beings, meditating in silence, diving deep into yourself, relaxing by the swimming pool or in the Jacuzzi surrounded by trees and birds, working and discovering unexpected talents hidden within yourself, or joining all sorts of courses at the [OSHO Multiversity](#)... everything is available, everything is possible.

Also, the experience of the [Living In Program](#), and especially of working on campus, gave me so many different insights which I feel like true gifts. The actual feeling is that I am getting so much more than what I am giving. Every day is an opportunity to know myself better, to enjoy myself and open my eyes and my heart to this incredible life surrounding me. And this is something I can definitely take back home with me. In the end, the more I enjoy this place, the more I find it easier to go back home and carry this feeling with me.

Every time it is different here. These last three months have been incredible! So different from the last time I was here. I carry with me much more awareness to be present in my everyday life, so much bliss and receptivity for this wonderful existence unveiling day after day before my eyes, and a lot of practical skills and tools that will definitely bring much more learning, relaxation, and understanding about my work, my relationships, and of course about my own self.

In the end, I guess it is not a matter of staying here forever, but I can't deny that the Meditation Resort has taken me over forever. I can't imagine anybody coming here and not being absolutely awed, so now I can say out of my own experience that the OSHO International meditation Resort is a "must visit" for everybody.

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