

Plug All The Power Leakages



CONTEMPLATE

THE SPEAKING TREE
PUNE, FEBRUARY 22, 2015

Plug All
The Power
Leakages

OSHO



You go on accumulating energy. The more you accumulate, the higher it rises. Just as in a dam: it will be raining now, and the water level will go higher and higher and higher. But if there is a leakage, then the water level will not go high. Your sexuality is a leakage of your being. If the leakage is not there, the water level goes higher and higher and higher, and a moment comes — then it passes through many centres.

From the *Mooladhara chakra* it comes to the second centre — the *Hara*. At that centre you have a feeling of deathlessness; you become aware that nothing dies. Fear disappears. Have you observed, whenever you feel afraid something hits you just near the navel? There is the centre of death and deathlessness. When the energy passes to that centre, comes to that level, you feel deathless.

Then the energy goes higher and comes to the third centre. At the third centre you start becoming peaceful. Have you ever observed that whenever you are peaceful you start breathing

from the belly and not from the chest...because the centre of peace is just above the navel. Below the navel is the centre of death and deathlessness; above the navel is the centre of peace and tensions. If there is no energy you will feel tension; if there is no energy you will feel fear. If there is energy, ten-

OSHOSPEAK

- 1** You go on accumulating energy. The more you accumulate, the higher it rises, just like in a dam
- 2** But if there is a leakage, the water level will not rise. Your sexuality is a leakage of your being
- 3** When energy reaches the Sahasrara, it becomes brahmacharya. You get close to divinity

sion disappears; you feel peaceful, tranquil, calm, quiet, collected.

Then the energy moves to the fourth centre, of the heart. There arises love. You cannot love right now, and whatsoever you call love is nothing but sex camouflaged in a beautiful word,

'love'. That word is not true to you...cannot be. Love is possible only when energy reaches the fourth centre of the heart. Suddenly, you are in love — in love with whole existence, in love with everything, you are love.

Then the energy moves to the fifth centre, in the throat. That centre is the centre of silence — silence, thought, thinking, speech. Speech, no-speech — both are there. When energy comes to it, suddenly you become silent. It is an effort to speak ... whatsoever you say becomes poetry; there is a subtle glow in your words.

Then the energy goes to the sixth centre, the third eye. There you find light — awareness, consciousness. That is the point where sleep happens, where hypnosis happens.

When the energy reaches the third eye, you feel so full of light...all darkness disappears, infinite light surrounds you. The oldest saying in Tibet is, "When a yogi becomes realised in awareness, there falls no shadow of his body." Don't take it literally, the

body will create a shadow, but deep inside, because there is light everywhere, light without source, there cannot be any shadow.

Life now has a different meaning and dimension. You move on the earth but you are no longer of the earth; it is as if you fly. You have come nearest to Buddhahood. Before it, by and by fragments happen to you, but not total understanding.



SEX & SPIRIT

But at this point, you are close, just near the door. The temple has arrived; a knock, and the door shall open and you yourself will be a Buddha. Now, so near and at such close quarters, you for the first time start feeling what understanding is.

Then the energy moves to the seventh, the *Sahasrara*. There it becomes *brahmacharya*, a life divine. Then you are no longer a man; then you are a god. You have attained to divineness. This is *brahmacharya*. Yoga: A New Direction, Talk #7, courtesy: Osho International Foundation, www.osho.com ■

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