

Por que tanto barulho sobre sexo? - A OSHO Coluna

COLUMNS Devdutt Pattanaik | FOOD MasterChef Judge Gary Mehigan | NIGHTLIFE Sip with Singh

SUBSCRIBER COPY
NOT FOR RESALE

MUSIC Arctic Monkeys & London Grammar | ART Ketaki Sheth | BOOKS Samit Basu | THEATRE Going Solo



FIRSTCITY

DELHI

OCTOBER 2013 | ₹100

THE FASHION INTERVIEW

Shivan & Narresh

DELHI Nizamuddin Walk | COLUMNS Amruta Patil | MUSIC Band Aid-MAP | BOOKS Tope Folarin

FirstCity Delhi
Mubarak Begum
Mosque
P38

FirstCity Comix
This Side That Side by
Vishwajyoti Ghosh
P56

FirstCity Dance
Ananya Festival 2013
P86

ART Sooni Taraporevala | FOOD Food Festivals | FESTIVAL IIC Experience

Why So Much Fuss About Sex?

SEX IS A SUBTLE SUBJECT, DELICATE, BECAUSE CENTURIES OF EXPLOITATION, CORRUPTION perverted ideas, conditioning, are associated with the word 'sex'. The word is very loaded. It is one of the most loaded words in existence. You say 'God'; it seems empty. You say 'sex'; it seems too loaded. A thousand and one things arise in the mind: fear, perversion, attraction, a tremendous desire, and a tremendous anti-desire also. They all arise together. Sex - the very word creates confusion, a chaos. It is as if somebody has thrown a rock in a silent pool; millions of ripples arise - just the word 'sex'! Humanity has lived under very wrong ideas.

Why do you want to transcend sex in the first place? You are using a beautiful word, 'transcend', but out of a hundred, ninety-nine are the possibilities that you mean, 'How to repress sex?'

A person who has understood that sex has to be transcended is not even worried about transcending it, because transcendence comes through experience. You cannot manage it. It is not something that you have to do. You simply pass through many experiences, and those experiences make you more and more mature.

Have you watched that at a certain age, sex becomes important? Not that you make it important. It is not something that you make happen; it happens. At the age of fourteen, somewhere near there, suddenly the energy is flooded with sex. It happens as if the floodgates have been opened in you. Subtle sources of energy which were closed have opened, and your whole energy becomes sexual, coloured with sex. You think sex, you sing sex, you walk sex - everything becomes sexual. Every act is coloured. This happens; you have not done anything about it. It is natural; transcendence is also natural. If sex is lived totally, with no condemnation, with no idea of getting rid of it, then at

the age of forty-two those floodgates close again. And that too is as natural as sex becoming alive; it starts disappearing.

Sex is transcended not by any effort on your part. If you make any effort, that will be repressive, because it has nothing to do with you. It is in-built in your body, in your biology. You are born as sexual beings; nothing is wrong in it. That is the only way to be born. To be human is to be sexual. When you were conceived, your mother and your father were not praying, they were not listening to a priest's sermon. They were not in the church, they were making love. Even to think that your mother and father were making love when you were conceived seems to be difficult. They were making love; their sexual energies were meeting and merging into each other. Then you were conceived in a deep sexual act. The first cell was a sex cell, and then out of that other cells have arisen. But each cell remains sexual, basically. Your whole body is sexual, made of sex cells. Now they are millions.

Remember it: you exist as a sexual being. Once you accept it, the conflict that has been created through the centuries dissolves. Once you accept it deeply, with no ideas in between, when sex is thought of as simply natural, you live it. You don't ask me how to transcend eating, you don't ask me how to transcend breathing - because no religion has taught you to transcend breathing, that's why. Otherwise, you would be asking, "How to transcend breathing?" You breathe! You are a breathing animal; you are a sexual animal also. But there is a difference. Fourteen years of your life, in the beginning, are almost non-sexual, or at the most, just rudimentary

sexual play which is not really sexual - just preparing, rehearsing, that's all. At the age of fourteen, suddenly the energy is ripe.

Watch... a child is born - immediately, within three seconds the child has to breathe, otherwise she will die. Then breathing is to remain the whole of his life, because it has come at the first step of life. It cannot be transcended. Maybe before you die then, just three seconds before, it will stop, but not before it. Always remember: both ends of life, the beginning and end, are exactly similar, symmetrical. The child is born, he starts breathing in three seconds. When the child is old and dying, the moment he stops breathing, within three seconds he will be dead.

Sex enters at a very later stage: for 14 years, the child has lived without sex. And if the society is not too repressed and hence obsessed with sex, a child can live completely oblivious to the fact that sex, or that anything like sex, exists. The child can remain absolutely innocent. That innocence is also not possible, because people are so repressed. When repression happens, then side by side, obsession also happens.

So priests go on repressing; and there are anti-priests who go on creating more and more pornography, who go on making sexuality more and more glamorous. They both exist together - aspects of the same coin. When churches disappear, only then *Playboy* magazines will disappear, not before it. They are partners in the business. They look enemies, but don't be deceived by that. They talk against each other, but that's how things work.

(The Beloved, Vol1/Courtesy Osho International Foundation/www.osho.com.)