

FirstCity Column

THE OSHO COLUMN

No Computer is as Powerful as the Human Mind

THE WHOLE MISERY OF SCIENCE IS THAT MIND IS USING ITS ENERGY. But mind is a negative force; it cannot use anything creatively, it needs a master. Mind is a servant. Do you have a master?

So to me the question is... meditation brings the master in. It makes you fully aware and conscious that the mind is your instrument. Now, whatever you want to do with it you can do. And if you don't want to do anything with it, you can put it aside and you can remain in absolute silence.

Right now, you are not the master. If you try even for five minutes to stop thinking, more thoughts will rush in than ever - simply to show you that you are not the master.

So first, one has to get the mastery, and the way to become the master is not to say to the thoughts, "Stop." The way to become the master is to watch the whole thought process.

Your thoughts have to understand one thing: that you are not interested in them. The moment you have made this point you have attained a tremendous victory. Just watch. Don't say anything to the thoughts. Don't judge. Don't condemn. Don't tell them to move. Let them do whatsoever they are doing, any gymnastics let them do; you simply watch, enjoy. It is just a beautiful film. And you will be surprised: just watching, a moment comes when thoughts are not there, there is nothing to watch.

This is the door I have been calling nothingness, emptiness.

From this door enters your real being, the master.

And that master is absolutely positive; in its hands everything turns into gold.

Without meditation the mind is negative, it is bound to be in the service of death. With meditation the master is

there, and the master is absolute positiveness. In its hands the same mind, the same energy, becomes creative, constructive, life affirmative.

So you cannot do anything directly with the mind. You will have to take a little roundabout way; first you have to bring the master in. The master is missing, and for centuries the servant has been thinking he is the master.

The mind is a tremendously powerful instrument. No computer is as powerful as man's mind - cannot be, because it is made by man's mind. Nothing can be, because they are all made by man's mind. A single man's mind has such immense capacity: in a small skull, such a small brain can contain all the information contained in all the libraries of the earth, and that information is not a small amount.

Just one library, the British library, has so many books that if we put those books in a line side by side they will go three times around the earth. And a bigger library exists in Moscow, a similar library exists in Harvard; and there are similar libraries in all the big universities of the world. But a single human mind can contain all the information contained in all these libraries. Scientists have agreed that we may not be able to make a computer comparable to the human mind which can be put in such a small space.

But the result of this immense gift to man has not been beneficial - because the master is absent and the servant is running the show. The result is wars, violence, murders, rape. Man is living in a nightmare, and the only way out



is to bring the master in. It is there, you just have to get hold of it. And watchfulness is the key: just watch the mind. The moment there is no thoughts, immediately you will be able to see yourself - not as mind, but as something beyond, something transcendental to mind.

And once you are attuned with the transcendental then the mind is in your hands. It can be immensely creative. It can make this very earth paradise. There is no need for any paradise to be searched for above in the clouds, just as there is no need to search for any hell - because hell we have created already. We are living in it.

People still go on thinking that hell is somewhere down underneath the earth - and you are living in it, this is the beauty - and heaven is somewhere above.

You can change this hell into heaven if your mind can be under the guidance of the master, of your self-nature. And it is a simple process...

But don't try directly with the mind; otherwise you will be getting into trouble. One can even get into insanity. If you try to put your mind energy into creative directions - you are not capable even of stopping it for one moment and you are trying to put it into a creative dimension - you will go crazy. You will have a nervous breakdown.

Don't touch the mind. First just find out where the master is. It is a complicated mechanism. Let the master be there, and the mind functions as a servant perfectly.

(Excerpted from Osho Upanishad, Courtesy Osho International Foundation/ www.osho.com.)