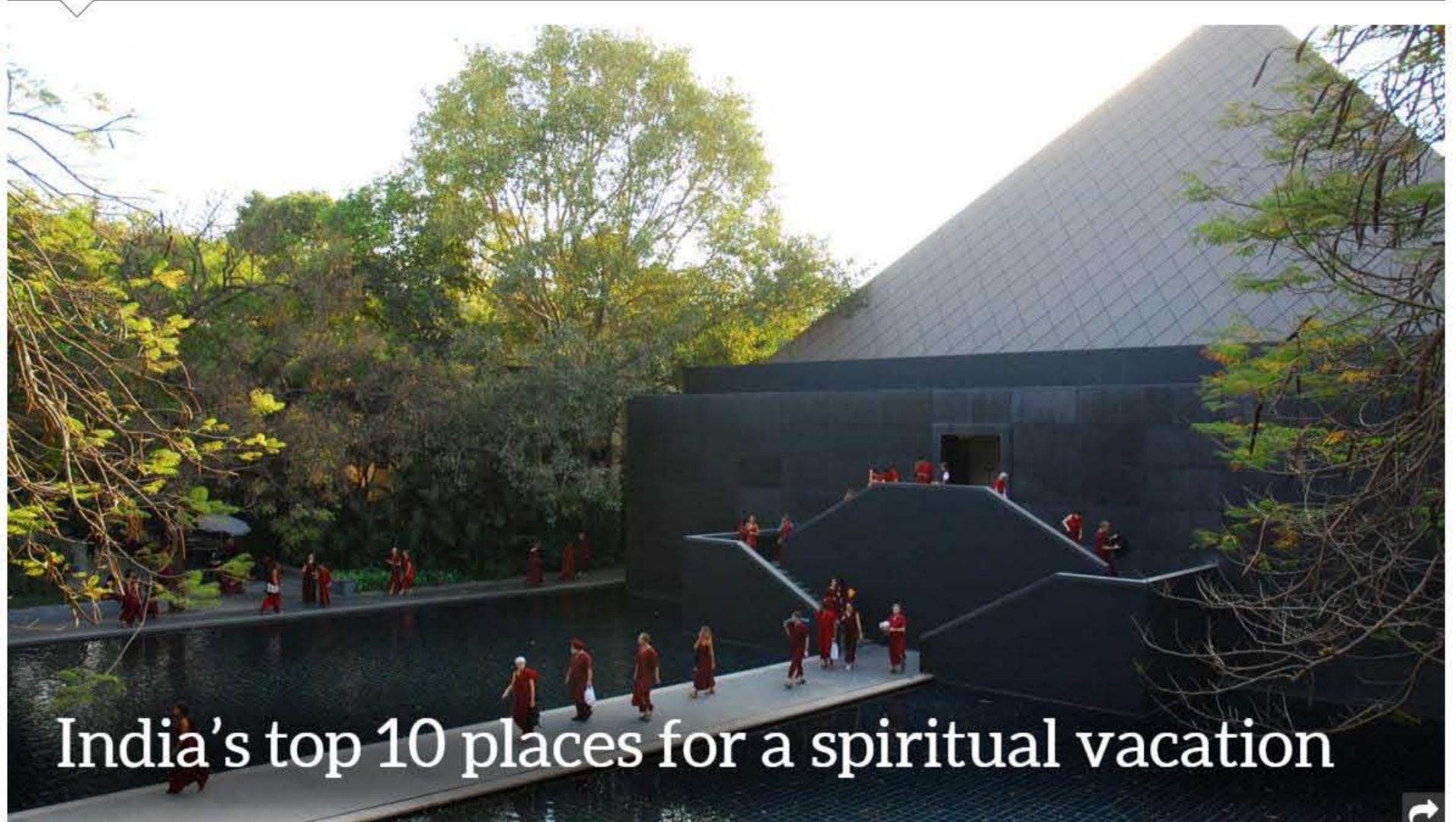


INDIA



India's top 10 places for a spiritual vacation

At Osho International Meditation Resort, Pune.

[Ayesha Aleem](#)

TRAVEL IDEAS | April 01, 2015

Healing holidays for your mind and body.

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Between the craziness of home, work and life, sometimes we all need a little me-time. From city hideaways to escapes in the hills, these spiritual centres are perfect for some serious head-clearing and soul-searching:

Osho International Meditation Resort, Pune



There are 10 meditation sessions every day at the Osho International Meditation Resort, starting at 6am.

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Chief patron: Osho

Philosophy: That the 'new man' or 'homo novus' is someone who is at home in this world and the spiritual one.

The place: A garden with tall trees, plenty of black marble and wide open spaces. Against this stark vista of green and black, spend your mornings in deliciously relaxing one-hour drop-in sessions of Tai Chi, Chi Gong and Zen archery. There are 10 meditation sessions every day, starting at 6am. There's an Olympic-size pool, spa, gym, cyber café, tennis courts and three dining areas with everything from Asian mains to coffees and pastries. In addition to a small bank, the campus has a store (Galleria) where residents can buy the maroon and white robes required for meditation, magazines and more. And as night falls, the place comes alive with meditations under the full moon, music performances and movie screenings.

Getting in: Anyone can go as long as they can pay for the stay and pass the HIV/AIDS test, but bringing children is not encouraged.

[Website](#)

