

ARCHITECTURE

TODD SAUNDERS
MCBRIDE CHARLES RYAN

LIFESTYLE

OSHO: INTERNATIONAL MEDITATION
RESORT
TAREK KREIDIE
RACHID GHANEM

LATEST TRENDS

JOEL ESCALONA
EXPERIMENTA DESIGN
FURN ID
SAND & BIRCH
CHARLES KAISIN
PAUL BECKETT
HZL BY HENZEL

MIXED MEDIA

NIJAD ABDEL MASSIH

SPECIAL

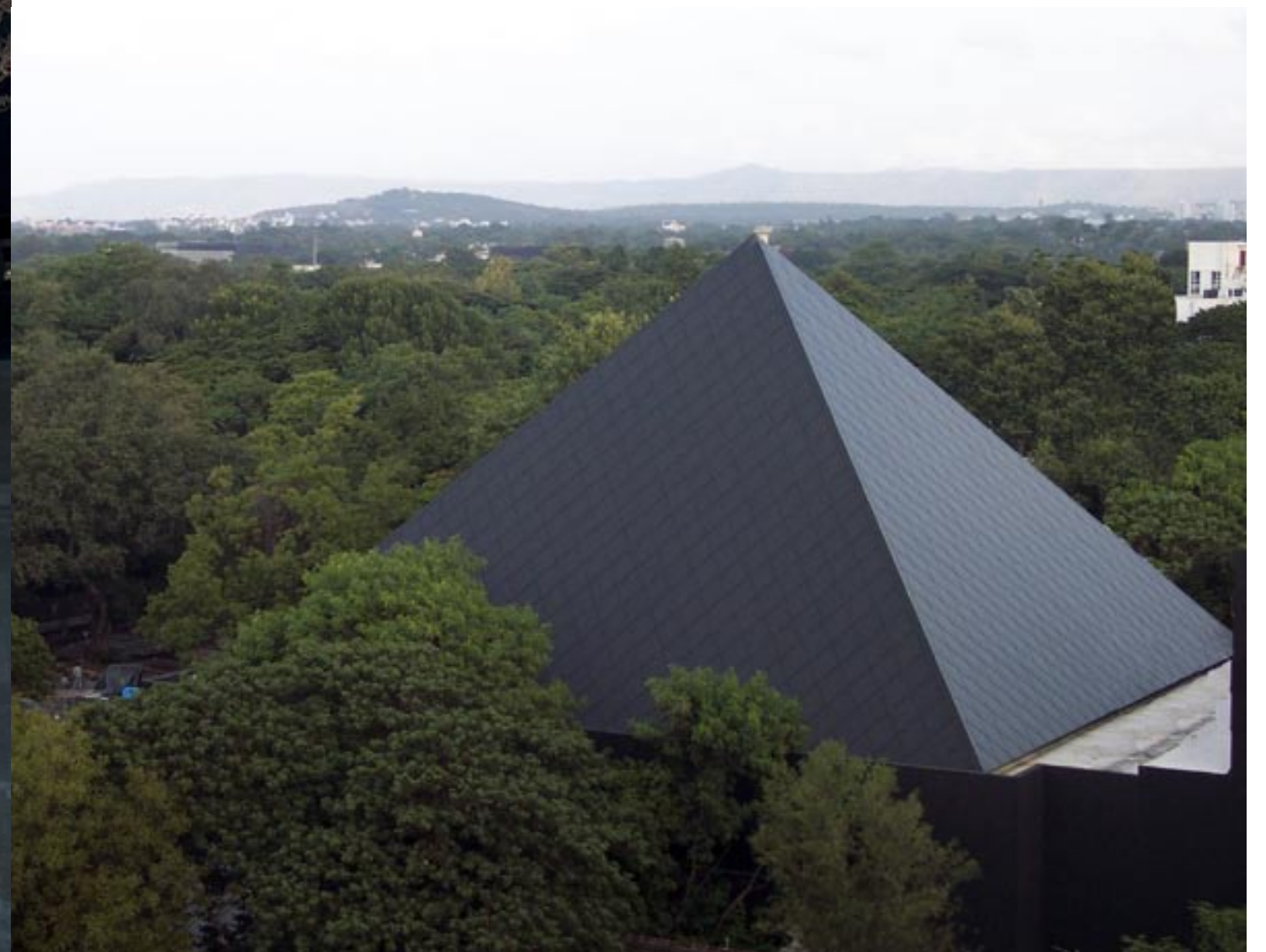
OFFICES &
BEDROOMS

FANTONI LEBANON

A PLACE OF INSPIRATION AND CONNECTION

"THE KEY TO RELAXATION IS AWARENESS, BEING A KEEN OBSERVER OF ALL THAT IS GOING ON BOTH INSIDE AND AROUND US — THIS IS THE INNER SCIENCE, OFTEN ALSO CALLED MEDITATION." OSHO

An air of secrecy and silence shrouds the OSHO International Meditation Resort, commonly referred to be the place where one retreat for the practice of yoga or other meditation disciplines. The exterior of the resort's buildings is well concealed by bamboo and tall walls. It can be described as a cross between reality and spirituality. Lavishly constructed from white-and-black marble, and spread across 40 acres, the resort has wonderful greenery, pools, as well as cafés, shops, a pool, a basketball court, and tennis courts. OSHO International Meditation Resort is situated in the residential area of Koregaon Park in Pune, India.



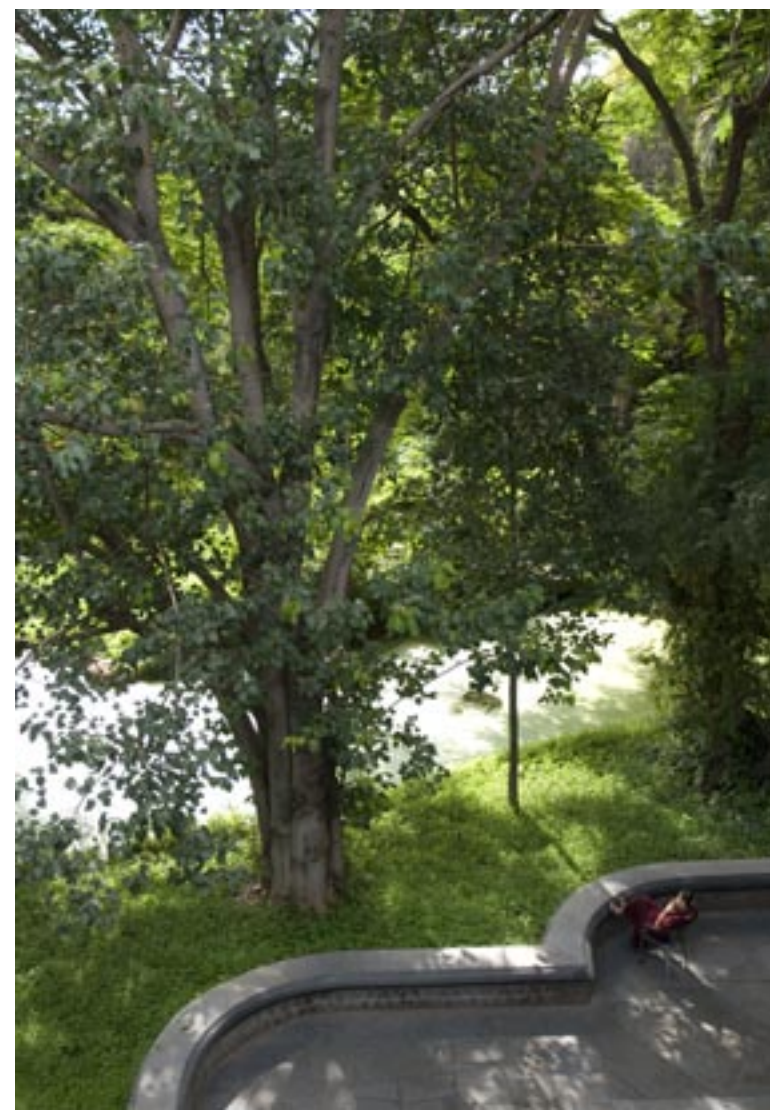


The vast soundproof pyramid, with space for five thousand people to sit together, may well be the only one of its size in the whole world which is used for meditation. To go inside you need to walk over a bridge, and it seems as if the structure itself is emerging out of the water; this is to remind you to "drop your mind" before entering.

Besides the OSHO Auditorium, there are more mysterious pyramids on the other side of the Resort. And a big open-air expanse of marble, known as Buddha Grove and surrounded by tall bamboo trees, provides the space for a number of classes like Tai Chi.

The Resort also houses the OSHO Multiversity, the largest center in the world for personal growth processes. Guests can also learn new life-skills; tools to take home that will help remain relaxed even in the busiest of workaday environments. There is a stunning selection of individual sessions and classes to nourish your body, mind and soul as well as longer workshops, courses and professional trainings. All the methods have meditation both as their base and their objective.





Aside from the meditation, the plush Osho Guesthouse is of itself an attraction to the resort. As the tastefully decorated, quiet rooms are almost on top of the Auditorium, it makes attending OSHO Dynamic Meditation at 6 in the morning no chore.

There are 60 rooms, all with double beds, air conditioning, and attached bathrooms. Four of them are designed to accommodate people with physical difficulties.

The OSHO International Meditation Resort is immaculately beautiful and imposes a feeling of silence and emptiness. The architecture somewhat look bizarre with a lot of dark grey stone buildings and pyramids, but much greenery to cover them which helps giving a vibrant strand to the neat area; which creates in design an element that can touch with the understanding followed by Osho's ideology: "humans are touched by vertical energy - it is their nature - the tall tree standing alone touches deeply" the mind, the soul and the body. The expense and energy which must have gone into the creating of it is impressive.

Photos: OSHO International Foundation, Copyright 2009.
www.osho.com

